

Willowcreek Rehab care Center (HSG)

Week-At-A-Glance

hcs1northern2021 Week 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs Blueberry Muffin - Margarine	French Toast - Margarine - Syrup Sausage Patty	Scrambled Eggs w/Cheese Biscuit - Margarine - Jelly	Egg & Hashbrown Bake Toast - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Bacon	Scrambled Eggs Peach Streusel Coffee Cake - Margarine	Baked Cheese Omelet Breakfast Ham Toast - Margarine - Jelly
Lunch:Regular						
Fried Chicken Calico Coleslaw Ranch Style Potato Wedges Cornbread - Margarine Peach Pie w/Crumb Topping	Hawaiian Baked Ham Sauteed Spinach w/Garlic Whipped Sweet Potatoes Dinner Roll/Bread - Margarine Pineapple Tidbits	Baked Ziti w/Meatsauce Tossed Salad w/Dressing Garlic Breadstick Strawberry Shortcake Parsley Pork Chop Sliced Carrots Mashed Potatoes	BBQ Pork on a Bun Zucchini & Onions Tater Tots - Ketchup Tropical Fruit Salad Salisbury Steak - Brown Gravy Braised Cabbage Herbed Rice Dinner Roll/Bread - Margarine	Chicken Salad Sandwich on Croissant - Lettuce & Tomato Marinated Cucumber & Tomato Salad Garden Pasta Salad Seedless Watermelon Cubes Thin Crust Cheese Pizza Tossed Salad w/Dressing Breadstick - Margarine	Shrimp Scampi Broccoli Florets Spaghetti Noodles Garlic Bread Chocolate Ice Cream Chicken Tenders - Honey Mustard Sliced Carrots Mashed Potatoes	Chicken Pasta Primavera Caesar Salad Parmesan Breadstick Blondie Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Green Pea Salad French Fries - Ketchup
Tuna Salad Sandwich - Lettuce & Tomato Marinated Cucumber & Onion Salad Garden Pasta Salad	Herbed Chicken Breast Capri Vegetable Blend Parsley Noodles					

Willowcreek Rehab care Center (HSG)
Week-At-A-Glance
hcsG1northern2021 Week 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dinner:Regular						
Swedish Meatballs	Turkey Sandwich	Honey Dijon Chicken	Breaded Pollock Fish	Beef Pepper Steak	Turkey Burger on a	Kielbasa Sausage
Green Peas	- Lettuce & Tomato	Thigh	Fillet	w/Gravy.	Bun	Seasoned Cabbage
Buttered Noodles	- Mayonnaise	Sauteed Asparagus	- Tartar Sauce	Roasted Green	- Lettuce & Tomato	Oven Brownd
Dinner Roll/Bread	Broccoli Salad	Cuts	Peas & Carrots	Beans	- Pickle Spear	Potatoes
- Margarine	Creamy Dill Macaroni	Rice Pilaf	Baked Potato	Garlic Mashed	- Mayonnaise	Dinner Roll/Bread
Deluxe Fruit Salad	Salad	Rosemary Dinner	- Margarine	Potatoes	Confetti Coleslaw	- Margarine
Smothered Turkey	Savory Summer	Roll	- Sour Cream	Dinner Roll/Bread	Potato Wedges	Mandarin Oranges
Patty	Soup	- Margarine	Dinner Roll/Bread	- Margarine	- Ketchup	Cheese Quiche
Sliced Carrots	- Saltine Crackers	Summer Fresh Fruit	- Margarine	Peanut Butter Cookie	Fruit Cocktail	Capri Vegetable Blend
Buttered Rice	Lemon Cake w/Icing	Cup	Tuxedo Cheesecake	Rancher's Pork Chop	Hamburger Steak	
	Grilled Cheese	Herb & Lemon Fish	Bar	Squash Medley	w/Grilled Onions	
	Sandwich	Fillet	Sweet & Sour	Yellow Rice	- Brown Gravy	
	Marinated Green Bean	Country Vegetable	Meatballs		Seasoned Whole	
	Salad	Blend	Seasoned Spinach		Kernel Corn (veg)	
	Potato Chips	Potato Wedges	Egg Noodles		Buttered Rice	
		- Ketchup			Dinner Roll/Bread	
					- Margarine	

Willowcreek Rehab care Center (HSG)

Week-At-A-Glance

hcs1northern2021 Week 2

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
French Toast - Margarine - Syrup Bacon	Scrambled Eggs Glazed Cinnamon Roll	Biscuit - Sausage Gravy Hashbrown	Scrambled Eggs Breakfast Ham English Muffin - Margarine - Jelly	Baked Cheese Omelet Toast - Margarine - Jelly	Western Scrambled Eggs Toast - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Sausage Patty
Lunch:Regular						
Roast Beef Au Jus Sauteed Spinach Garlic & Rosemary Roasted Red Skin Potatoes Dinner Roll/Bread - Margarine Apple Crisp	Chicken Parmesan w/ - Spaghetti Noodles Tossed Salad w/Dressing Garlic Breadstick Chocolate Chip Cake w/White Frosting Breaded Pollock Fish Fillet - Tartar Sauce Green Peas Tater Tots - Ketchup	Garlic Herbed Pork Loin Broccoli Florets Oven Brownd Potatoes Dinner Roll/Bread - Margarine Peach Shortcake Rosemary Chicken Breast Seasoned Spinach Parmesan Noodles	Homestyle Meatloaf w/Ketchup Glaze Buttered Green Peas Au Gratin Potatoes Poppy Seed Dinner Roll - Margarine Orange Sherbet Garlic Baked Pork Chop Sliced Carrots Rice Pilaf	Hot Dog on a Bun - Baked Beans - Mustard Confetti Coleslaw Strawberries & Banana Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Broccoli Salad French Fries - Ketchup	Mediterranean Baked Fish Fillet Sauteed Asparagus Cuts Rice Pilaf Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Grilled Cheese Sandwich Squash Medley Tater Tots - Ketchup	Sweet Garlic Chicken Breast Sugar Snap Peas Stir Fried Noodles Dinner Roll/Bread - Margarine Sugar Cookie Glazed Baked Pork Chop Sliced Carrots Mashed Potatoes
Dinner:Regular						
Tuna Salad Sandwich on Croissant - Lettuce & Tomato Calico Coleslaw Garden Pasta Salad S'more Pudding Parfait Ham Sandwich - Lettuce & Tomato - Mayonnaise Creamy Cucumber & Onion Salad Potato Chips	Swiss Steak w/Gravy Seasoned Whole Kernel Corn (veg) Herbed Mashed Potatoes Dinner Roll/Bread - Margarine Seedless Watermelon Cubes Baked Macaroni & Cheese Baked Tomato Halves	Thin Crust Cheese Pizza Parmesan Baked Zucchini Italian Herbed Dinner Roll - Margarine Chilled Pears Smothered Turkey Patty Country Vegetable Blend Mashed Potatoes	Honey Glazed Turkey. - Poultry Gravy Herbed Green Beans Baked Sweet Potatoes Dinner Roll/Bread - Margarine Fruit Cocktail Herb Baked Fish Fillet Whole Kernel Corn (veg) Buttered Noodles	Marinated Chicken Thigh Honey Roasted Carrots Herbed Noodles Dinner Roll/Bread - Margarine Black Forest Cake Cheese Quiche Creamy Cucumber & Onion Salad	Baked Ziti w/Cheese Caesar Salad Garlic Bread Butterscotch Pudding Italian Sausage Sauteed Spinach w/Garlic Herbed Potato Wedges	Philly Cheesesteak Sandwich - Sauteed Peppers & Onions. Tossed Salad w/Dressing French Fries - Ketchup Chilled Peach Parfait Breaded Chicken on a Bun - Mayonnaise - Lettuce & Tomato Marinated Cucumber & Tomato Salad Macaroni Salad

Willowcreek Rehab care Center (HSG)

Week-At-A-Glance

hcs1northern2021 Week 3

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs Blueberry Muffin - Margarine	French Toast - Margarine - Syrup Sausage Patty	Scrambled Eggs w/Cheese Biscuit - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Bacon	Egg & Hashbrown Bake Toast - Margarine - Jelly	Scrambled Eggs Peach Streusel Coffee Cake - Margarine	Baked Cheese Omelet Sausage Patty Toast - Margarine - Jelly
Lunch:Regular						
Cheese Ravioli w/Marinara Sauce Caesar Salad Garlic Breadstick Vanilla Ice Cream Thyme Baked Chicken Thigh Roasted Green Beans Buttered Rice	Roast Turkey - Poultry Gravy Sliced Glazed Carrots Mashed Potatoes - Poultry Gravy Dinner Roll/Bread - Margarine Marble Cake w/White Frosting Rancher's Pork Chop Green Peas Parsley Noodles	Honey Glazed Sliced Ham Spinach Au Gratin Baked Sweet Potatoes Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Salisbury Steak - Brown Gravy Whole Kernel Corn (veg) Parmesan Noodles	Egg Salad Sandwich on Croissant - Lettuce & Tomato Tomato Basil Salad Creamy Dill Macaroni Salad Snickerdoodle Cookie Turkey Salad Sandwich - Lettuce & Tomato Marinated Cucumber & Onion Salad Potato Chips	Beef Pepper Steak w/Gravy Buttered Green Peas Mashed Potatoes Dinner Roll/Bread - Margarine Chilled Pear Parfait Lemon Pepper Chicken Breast Seasoned Spinach Buttered Noodles	Shrimp Alfredo w/ - Spaghetti Noodles Steamed Asparagus Cuts Garlic Bread Cherry Crisp Parsley Pork Chop Sliced Parsley Carrots Roasted Red Skin Potatoes	Fried Chicken Buttered Whole Kernel Corn (veg) Garlic Potato Wedges Dinner Roll/Bread - Margarine Pineapple Tidbits Smothered Turkey Patty Broccoli Florets Egg Noodles

Willowcreek Rehab care Center (HSG)
Week-At-A-Glance
hcs1northern2021 Week 3

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dinner:Regular						
Kielbasa Sausage Braised Cabbage	Cheeseburger on a Bun	Cornflake Chicken Breast	BBQ Pork Platter Zucchini & Onions	Butter Crumb Fish Fillet	Grilled Turkey & Cheese Sandwich	Meatballs w/Marinara Sauce
Garlic Roasted Red Skin Potatoes	- Lettuce & Tomato - Ketchup	Capri Vegetable Blend	Baked Beans	Broccoli Florets	Creamy Cucumber & Onion Salad	- Marinara Sauce (oz) - Spaghetti Noodles
Dinner Roll/Bread	- Pickle Spear	Rice Pilaf	Cornbread	Cheesy Rice	French Fries	Parmesan Baked Zucchini
- Margarine	Confetti Coleslaw	Parsley Dinner Roll	- Margarine	Dinner Roll/Bread	- Ketchup	Breadstick
Apple Crisp	Tater Tots	- Margarine	Mandarin Oranges	- Margarine	Corn Chowder Soup	- Margarine
	- Ketchup	Double Chocolate Brownie	Marinated Chicken Thigh	Lemon Cake w/Icing	- Saltine Crackers	Chocolate Cream Pie
Chicken Tenders	Tropical Fruit Salad		Green Beans	Cheese Ravioli w/Marinara Sauce	Seedless Watermelon Cubes	Cheese Quiche
- Honey Mustard	Breaded Pollock Fish Fillet on a Bun	Thin Crust Cheese Pizza	Seasoned Rice	Capri Vegetable Blend	Hamburger Steak w/Grilled Onions	Seasoned Green Beans
Whole Kernel Corn (veg)	- Tartar Sauce	Tossed Salad w/Dressing			- Brown Gravy	
Herbed Noodles	Squash Medley				Country Vegetable Blend	
	Buttered Noodles				Buttered Rice	

Willowcreek Rehab care Center (HSG)

Week-At-A-Glance

hcs1northern2021 Week 4

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs Glazed Cinnamon Roll	French Toast - Margarine - Syrup Bacon	Biscuit - Sausage Gravy Hashbrown	Baked Cheese Omelet Toast - Margarine - Jelly	Scrambled Eggs Breakfast Ham English Muffin - Margarine - Jelly	Western Scrambled Eggs Toast - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Sausage Patty
Lunch:Regular						
Rosemary Pork Loin Sauteed Spinach w/Garlic Scalloped Potatoes Dinner Roll/Bread - Margarine Pear Crisp	Homestyle Meatloaf w/Ketchup Glaze Honey Roasted Carrots Duchess Mashed Potatoes Herbed Dinner Roll - Margarine Spiced Apple	Marinated Chicken Thigh Squash Medley Parmesan Noodles Dinner Roll/Bread - Margarine Butterscotch Pudding Parfait	Italian Sausage Broccoli Florets Garlic & Rosemary Roasted Red Skin Potatoes Parsley Dinner Roll - Margarine Lemon Bar	Lasagna w/Meatsauce Caesar Salad Garlic Breadstick Double Chocolate Brownie Egg Salad Sandwich - Lettuce & Tomato Creamy Cucumber & Onion Salad Potato Chips	Breaded Pollock Fish Fillet - Tartar Sauce Country Vegetable Blend Au Gratin Potatoes Dinner Roll/Bread - Margarine Sour Cream Orange Cake	Turkey Divan w/Broccoli Seasoned Green Beans Steamed Rice Poppy Seed Dinner Roll - Margarine Seedless Watermelon Cubes
Lemon Pepper Fish Fillet Capri Vegetable Blend Parsley Rice	Thyme Chicken Breast Sauteed Green Beans Herbed Noodles	Meatballs w/Gravy Capri Vegetable Blend Mashed Potatoes	Smothered Turkey Patty Buttered Whole Kernel Corn (veg) Buttered Noodles		BBQ Chicken Thigh Seasoned Spinach Yellow Rice	Cheese Quiche Tomato Basil Salad
Dinner:Regular						
Chicken Tenders - Honey Mustard Tossed Salad w/Dressing French Fries - Ketchup Dinner Roll/Bread - Margarine Vanilla Ice Cream	Citrus Glazed Turkey - Poultry Gravy Steamed Broccoli Florets w/Lemon Rice Pilaf Dinner Roll/Bread - Margarine Cherry Cheesecake Bar	Ham & Swiss Sandwich on Wheat - Lettuce & Tomato - Mayonnaise Green Pea Salad Potato Chips Summer Fresh Fruit Cup	Cornflake Crusted Fish Fillet Baked Tomato Halves Macaroni & Cheese Dinner Roll/Bread - Margarine Chilled Peach Parfait	Rancher's Chicken Breast Sugar Snap Peas Baked Potato - Margarine - Sour Cream Dinner Roll/Bread - Margarine Tropical Fruit Salad	Hot Dog on a Bun - Baked Beans - Mustard Confetti Coleslaw Chilled Pears Baked Macaroni & Cheese Tossed Salad w/Dressing	Cheeseburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Marinated Cucumber & Tomato Salad Tater Tots - Ketchup Chocolate Chip Cookie Breaded Chicken on a Bun - Mayonnaise - Lettuce & Tomato Sauteed Zucchini Garden Pasta Salad
Hamburger Steak w/Grilled Onions - Brown Gravy Whole Kernel Corn (veg) Buttered Noodles	BBQ Pork Chop Country Vegetable Blend Baked Sweet Potatoes	Tuna Salad Sandwich - Lettuce & Tomato Marinated Tomato & Onion Salad Macaroni Salad	Thin Crust Cheese Pizza Roasted Zucchini	Garlic Baked Pork Chop Capri Vegetable Blend Egg Noodles		